



## Webinar Replay & Chat Room Contents

**February 7th, 2023**

**A free benefit of being a member in the International Speaker Network is to be able to attend these quarterly webinars - including getting to hear expert speakers from around the world!**

This ISN Networking Meeting is one of 4 for 2023 where members, speakers and speaker bookers can all come to share what they do, speak on, are looking for guest speakers for, and more!

The call schedule for 2023:

Feb 7 Tues - Quarterly Speaker Networking 3 PM PST

Apr 4 Tues - Quarterly Speaker Networking 3 PM PST

Jul 6 Thu - Quarterly Speaker Networking 3 PM PST

Oct 4 Wed - Quarterly Speaker Networking 3 PM PST

Get active inside the Facebook group here:

<https://www.facebook.com/groups/ispeakernetwork>

Make sure you're on the "official member list" for best discounts on events and first chance at speaking opportunities here: <https://ispeakernetwork.com/join>

**Enjoy the replay and we'll see you on the next ISN Webinar, Tuesday, April 4th, 2023 3PM PDT**



## 2/7/23 CHAT ROOM CONTENTS:

00:06:08 Lynn Fraley: I need to leave briefly to meet with a plumber but then will be back to stay.

00:06:12 Karina Kantas /Author Assist: ME

00:06:13 Jackie Bailey: Me

00:06:14 Yvonne A Jones: Me

00:06:17 Leisa Reid | Get Speaking Gigs Now: would podcast guesting count? I'm looking for guests for my podcast

00:06:21 Bret Ridgway: Me

00:06:24 Colleen Biggs | colleenbiggs.net: I always have speaking opportunities for women!

00:06:30 Leisa Reid | Get Speaking Gigs Now: me

00:06:44 Lynette Hoy: Leisa, what is the name of your podcast?

00:07:14 Leisa Reid | Get Speaking Gigs Now: "How I Met My BFF"

00:08:31 Phyllis Pieri, Freedom Franchise Specialist: They usually say too much

00:09:01 Colleen Biggs | colleenbiggs.net: @leisa has a great podcast, I have been a guest w/ my BFF

00:09:22 Leisa Reid | Get Speaking Gigs Now: Awww! Thanks, Colleen! And Kat (Katrina) was on it too 😊

00:09:29 Colleen Biggs | colleenbiggs.net: Abundance mindset! Crucial here today!

00:09:40 Leisa Reid | Get Speaking Gigs Now: And @Bret has a great show too!

00:09:49 Kim McLaughin (she/her): @Colleen yes

00:10:02 Mike Erkulev: @colleen are you also a Peter Diamandis fan?

00:10:02 Colleen Biggs | colleenbiggs.net: Um yeah she is! Efficiency!

00:10:05 Leisa Reid | Get Speaking Gigs Now: #neverlookatthechat

00:10:14 Lynette Hoy: Hi Colleen! Would love to talk!

00:10:27 Colleen Biggs | colleenbiggs.net: @mike, no, not sure who that is

00:11:04 Mike Erkulev: @Colleen he's big on mindsets and an Abundance Mindset is one of the key ones

00:11:31 tafiqakhir: Zoom did updates , my settings were lost as well.

00:12:15 Lil - CEO GWN Publishing LLC: @ whomever

00:12:17 2B Hypnosis: Sainoor Premji- freedom@2bhypnosis

00:12:18 Lil - CEO GWN Publishing LLC: yes

00:12:28 Colleen Biggs | colleenbiggs.net: Replying to "Hi Colleen! Would

lo..." <https://calendly.com/colleenbiggs/30min>

00:12:31 Dea Irby- CLAIM Your People: I'm Dea, I help small business owners boost their bottom line with my 5-facet leadership training, consulting and keynote. Contact info:

Email: [dea@deairby.com](mailto:dea@deairby.com)

[deairby@gmail.com](mailto:deairby@gmail.com)

Cell- 1+706-248-0160 USA

Website: [www.deairby.com](http://www.deairby.com)

00:12:36 Karina Kantas /Author Assist: Karina Kantas

3 ways to put a hook into your book and reel in the readers.

Publisher, Authors, unpublished writers

[kkantasauthorassist@gmail.com](mailto:kkantasauthorassist@gmail.com)

00:12:40 Angelina Sun: On a mission to make the world look into health with a more proactive perspective — Redox Signaling Technology that Harnesses Your Own Body's Power to Keep You Well 🌿. Angelina Sun: 6262480849;

Email: [asunasea@gmail.com](mailto:asunasea@gmail.com)

Please reach out and I'd love to have 1 on 1:

<https://calendly.com/enlightenedwellnessgen>

00:12:41 Colleen Biggs | colleenbiggs.net: Replying to "@Colleen yes"



00:12:56 Colleen Biggs | colleenbiggs.net: Replying to "@Colleen he's big on..."

Hell yeah love that!

00:12:58 Agnes Loughlin: AgnesLoughlin@comcast.net

<https://Miraclesinwellness.com>

Bad Habit Breaker. How to have more Joy and Connection and release Loneliness.

00:13:07 Gary McKinsey: I am interested in being a podcast guest. My Topic: Pricing, Profit and sustainability [Gary@GaryMcKinsey.com](mailto:Gary@GaryMcKinsey.com)

00:13:10 Annette Mulligan: [annettem@amulliganspeaks.com](mailto:annettem@amulliganspeaks.com)

Health & Wellness Presentations/Coaching / [www.amulliganspeaks.com](http://www.amulliganspeaks.com)

00:13:18 Dr Mandy Marziaz: Dr. Mandy Marziaz I help high achieving women

overcome burnout. [www.drmandymarziaz.com](http://www.drmandymarziaz.com)  
[thevitalfamilychiro@gmail.com](mailto:thevitalfamilychiro@gmail.com)

00:13:23 Lynette Hoy: [lynette@firetalkerpr.com](mailto:lynette@firetalkerpr.com), Colleen Biggs! Lisa Reid! I am a publicity and promotion expert in getting people visible, credible and the go-to expert for the media AND your next client! <https://www.firetalkerpr.com>

00:14:00 Mike Erkulev: I'm Mike. I am a management consultant with a focus on Complexity Management, Exponential Organizations, and Data Governance.  
[rsguardian@disroot.org](mailto:rsguardian@disroot.org)

00:14:33 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): Hi, I'm Colleen Biggs, 22 year Veteran Business Consultant Coaching over 350 CEO's, Launching over 300 businesses, Speaker, Founder of the Leap for Ladies Community, Elite Podcast Host (Take the Leap w/ Colleen Biggs), #1 Best-Selling Author, & Proud Woman Empowerment Pioneer!

BE seen, BE heard and BE visible!

Connect with Colleen here <https://www.linkedin.com/in/colleen-biggs/>  
<https://colleenbiggs.net/>

00:15:39 Barb Ingrassia . [barb@managecopyright.com](mailto:barb@managecopyright.com): Your presentations are GOLD!

How are you protecting that gold when you're speaking?

Let's chat

[barb@managecopyright.com](mailto:barb@managecopyright.com)

Manage Copyright. Don't Let it Manage You!

00:16:44 Lil - CEO GWN Publishing LLC: CEO of GWN Publishing/Virtual Creatives.com

We ghostwrite, edit, and publish books, create websites and marketing materials for authors, speakers, and small businesses. We also specialize in the best and most cost-effective way to produce compilation books.

Connect with me:

<https://linktr.ee/ghostwritersnetwork>

<https://centerofinfluencecommunity.com>

Join us this Thursday, Feb. 9 at 7 pm Eastern

Where: Zoom <https://us02web.zoom.us/j/87267960808>

<https://calendly.com/liltheghost>

00:17:12 Cole Militano: [ccmilitano@ft.newyorklife.com](mailto:ccmilitano@ft.newyorklife.com) 3. My name is Cole

Militano I'm a United States Navy Veteran working with New York Life in the Financial District! I represent individuals who are seeking ways to invest, save, protect, and accumulate their money as a financial professional! My consultations are completely free, as well as my time. If your interested in anything I throw your way that's just a plus!

00:17:54 Cole Militano: [ccmilitano@ft.newyorklife.com](mailto:ccmilitano@ft.newyorklife.com)

00:18:22 Karina Kantas /Author Assist: Karina Kantas  
3 ways to put a hook into your book and reel in the readers.  
Publisher, Authors, unpublished writers

[kkantasauthorassist@gmail.com](mailto:kkantasauthorassist@gmail.com)

<https://calendly.com/authorassist/howcanihelpyou-meeting>

<https://authorassistbykk.com>

00:18:25 Lil - CEO GWN Publishing LLC: I want a hat

00:18:28 Melissa Schulz: I'm a Parenting and Life Coach for Moms! I help good moms become the moms they want to be. I'm at [melissaschulz@discover-hope.com](mailto:melissaschulz@discover-hope.com).

00:18:37 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): On the search for Women who are looking to not be the world best kept secret anymore. Need Podcast guests, Masterclass teachers and Live interview guests. Send me an email to [info@colleenbiggs.net](mailto:info@colleenbiggs.net) if interested!

00:18:47 Treena Chabot | Happiness Quarterback: THE HAPPINESS QUARTERBACK: I teach people how to design new plays in life to score true and lasting happiness in the HAPPY STARTING TODAY program: <http://treenachabot.com>.

FREE PERSONAL DEVELOPMENT PRESENTATIONS: If you would like to book a presentation for your group or have me speak on your podcast, please email me [treena@treenachabot.com](mailto:treena@treenachabot.com).

00:19:02 Peter Helten: My name is Peter Helten <mailto:petermhelten@gmail.com> . I am a writer and author of Our Father. I speak on living a fuller life.

00:19:19 Yvonne A Jones: Yvonne A Jones <https://50andWiserCoaching.com>  
email: [yvonne@50andwisercoaching.com](mailto:yvonne@50andwisercoaching.com)

Personal Business Coach/Client Relations Specialist

I specialize in working with Mature Online Female Entrepreneurs and Small Business Owners who want to grow their business without feeling like they have to be marketing experts. How does making more profits while you market less sound to you? I help you create WOW experiences for your customers so

you retain more of the customers you love.

My Mantra: Focus on Relationships; the Money will Follow.

00:19:33 Colleen Biggs | colleenbiggs.net: @Bret I would love to be a guest!

00:20:18 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: =====

Katrina Sawa

Int'l Speaker Network

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- 1) Here is the page to find the Int'l Speaker Network recordings, chat notes, place to apply to be a speaker, schedule of upcoming calls, and become an actual member so you get all the 'call for speakers' announcements: <https://www.iSpeakerNetwork.com>
- 2) Our Int'l Speaker Network Facebook group is here: <https://www.facebook.com/groups/ispeakernetwork>
- 3) The meetup group for ISN is here (RSVP for events here): <https://www.meetup.com/internationalspeakersnetwork>

00:20:20 Sainoor Premji: Sainoor Premji

Hypnosis, Hypnonutrition, Akashic Record Readings

<https://2bhypnosis.com/>  
[freedom@2bhypnosis.com](mailto:freedom@2bhypnosis.com)

00:20:26 Bret Ridgway: @Colleen - would love to have you as a guest

00:20:47 Colleen Biggs | colleenbiggs.net: Replying to "@Colleen - would lov..."

Did you want to send me a link to chat with you or the link to schedule?

00:21:21 Bret Ridgway: @Colleen - [calendly.com/bretridgway](https://calendly.com/bretridgway) to schedule a date and time that would work for you

00:21:23 Leisa Reid | Get Speaking Gigs Now: ☆ Leisa Reid, Founder of Get Speaking Gigs Now ☆

Coaching entrepreneurs how to use public speaking to grow their business.

[Leisa@GetSpeakingGigsNow.com](mailto:Leisa@GetSpeakingGigsNow.com)

 Let's connect on LinkedIn at <https://www.linkedin.com/in/leisareid/>

 PODCAST GUEST OPPT:

"How I Met My BFF" (with your BFF) Podcast apply here ⇒

<https://bookme.name/getspeakinggigsnow/how-i-met-my-bff-podcast-guest>

00:21:47 Lil - CEO GWN Publishing LLC: @leisa I have a great how I met my

BFF 30 odd years ago and still my sister today

00:21:59 Bret Ridgway: Bret Ridgway

<https://BretRidgway.com>

<https://SpotlightOnSpeaking.com>

<https://BuildaProfitableSpeakingBusiness.com>

00:22:20 Leisa Reid | Get Speaking Gigs Now: Replying to "@Colleen - would lov..."

@Bret - I have a potential guest for you - I'll send an email intro :)

00:22:29 Machen MacDonald: May-Chin

00:22:34 Krys Pappius: Krys Pappius - Krys Pappius Coaching.

I help heart centered, success driven professionals or entrepreneurs women who feel stuck in stress and overwhelmed pivot and become confident high performers

<https://www.krystpappius.com>

[krystpappius@gmail.com](mailto:krystpappius@gmail.com)

00:23:02 Leisa Reid | Get Speaking Gigs Now: Replying to "@leisa I have a gre..."

Love this! We would love to interview you both!

00:23:36 Colleen Biggs | colleenbiggs.net: Replying to "@Colleen - would lov..."

Scheduled

00:23:38 Ivano Ongaro: Dr. Ivano Ongaro Wealth Building Strategies

00:23:43 Andrea Susan Glass, Book Coach & Bestselling Author: Andrea Susan Glass, nonfiction book coach, bestselling author:

<https://WritersWay.com> and <https://AndreaSusanGlass.com> ;

[andrea@writersway.com](mailto:andrea@writersway.com)

Let's have a complimentary book chat.

00:24:16 Tom Pfeifer, YourConsistentVoice.com: I'm a 35+-year award-winning writer and editor and a certified speaking coach. I help entrepreneurs and speakers write their books so you can put "author" into your authority. If you have a keynote, you need to write a book to promote it. If you have a book, you need a keynote to promote it. Contact me at

[tom@yourconsistentvoice.com](mailto:tom@yourconsistentvoice.com)

00:24:51 Leisa Reid | Get Speaking Gigs Now: Way to go, Phyllis!

00:25:14 Phyllis Pieri, Freedom Franchise Strategist: Thanks Lisa...

00:25:25 Dr KD Wagner: <https://www.amazon.com/JEFFREY-Injustice-Murder-Next-Trilogy-ebook/dp/B0BSSMRNCH> launches February 14th on



Amazon. [kd@goldstarmatrix.com](mailto:kd@goldstarmatrix.com) <https://limitlessresilience.com>

00:25:59 Phyllis Pieri, Freedom Franchise Strategist: Phyllis Pieri

Franchise Expert, Coach & Mentor

Speaker & Best Selling Author

425-922-4126

[Phyllis@yourfranchisecoach.com](mailto:Phyllis@yourfranchisecoach.com)

My Website: <http://yourfranchisecoach.com>

Linkedin: <https://linkedin.com/in/phyllispieri/>

Book a Call with me: <https://fnnl.us/widget/appointment/yfc-calendar>

00:26:01 Leisa Reid | Get Speaking Gigs Now: Replying to "lynette@firetalkerpr..."

Woo hoo! Smoking hot!

00:26:34 Deb DiSandro: [Deb@DebDiSandro.com](mailto:Deb@DebDiSandro.com) founder of Business Speaker Academy taking new clients in March!

00:26:44 Jackie Bailey: Jackie Bailey International Conversation Coach for Kids (Adults too)

<https://jackiebailey360.com/>

Life Mastery Radio with Todd & Jackie – Be a guest on my live weekly radio show (authors, coaches, course creators, speakers) Send me an email

[jackie@emeraldcityconsulting.com](mailto:jackie@emeraldcityconsulting.com)

The Speak Feed Lead Project has stages for kids and teens! We give them the skills they need to achieve all they want by speaking up. Sponsor a young woman to speak on VOICES OF WOMEN SUMMIT

[https://www.flipcause.com/secure/cause\\_pdetails/MTQyNTgz](https://www.flipcause.com/secure/cause_pdetails/MTQyNTgz)

Courses in public speaking for kids through adults who want to be seen, heard, and respected through podcasting, speaking, and authoring stories and books are open for enrollment now

<https://www.speakfeedlead.org/public-speaking-courses.html>

00:26:45 Lynette Hoy: Replying to "lynette@firetalkerpr..."

Thank you @leisa!

00:27:02 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): Replying to "lynette@firetalkerpr..."

Every time I hear your intro I LOVE it!

00:27:19 Machen MacDonald: strategic life and business coach



bring your A-Game to your hero/heroin's journey

[machen@probrilliance.com](mailto:machen@probrilliance.com)

530-906-1119

<https://linkedin.com/in/machenmacdonald>

00:27:19 Colleen Biggs | colleenbiggs.net: Phoenix, AZ

00:27:22 Dea Irby- CLAIM Your People: Durham, NC USA

00:27:30

Krys Pappius: Beautiful British Columbia, Canada

00:27:31 Rowena Banks: Stateline NV USA

00:27:32 Mike Erkulev: Sacramento, CA

00:27:32

Sainoor Premji: Sainoor - Toronto, Ontario Canada

00:27:32 Frank Buddenbrock: In Nampa, Idaho

00:27:33 Bret Ridgway: Terre Haute, IN

00:27:33 Lil - CEO GWN Publishing LLC: Dunedin Fl. Zillow says we are the best place in America to retire to

00:27:36 Karina Kantas /Author Assist: Greece here :)

00:27:39 Treena Chabot | Happiness Quarterback: I'm from Winnipeg, Canada, and I visit Las Vegas for my second home.

00:27:45 Peter Helten: Edmonton Alberta Canada

00:27:46 Melissa Schulz: I'm In Rocklin (near Sacramento) California

00:27:49 Colleen Biggs | colleenbiggs.net: Replying to "Dunedin Fl. Zillow ..."

Retire=Expire, no thanks!

00:27:52 Lil - CEO GWN Publishing LLC: But I refuse to retire LOL

00:27:57 Yvonne A Jones: In Jamaica for a month.

00:28:03 Colleen Biggs | colleenbiggs.net: Replying to "But I refuse to reti..."

that's right!

00:28:15 Angelina Sun: On a mission to make the world look into health with a more proactive perspective — Redox Signaling Technology that Harnesses Your Own Body's Power to Keep You Well 🌟. Angelina Sun: 6262480849; Email: [asunasea@gmail.com](mailto:asunasea@gmail.com) Please reach out and I'd love to have 1 on 1: <https://calendly.com/enlightenedwellnessgen>

00:28:30 Colleen Biggs | colleenbiggs.net: @kim I'm so jealous! I wish I lived

closer to Kat so we could hang out more

00:28:31

Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Melissa - I'm in Roseville!

00:28:44 Kim McLaughin (she/her): Kim McLaughlin  
<https://feedyoursoulunlimited.com/> Helping people when they are frustrated and overwhelmed and it shows up in overeating. I am looking for places to speak in person or virtually.

00:28:54 Melissa Schulz: Katrina- Hi Neighbor! I want in on your play dates with Kim =)

00:29:25 Rowena Banks: Rowena Banks (dual state) CA and NV.  
[www.YourHealthandWealthsecret.com](http://www.YourHealthandWealthsecret.com)

00:29:30 Ivano Ongaro: Dr. Ivano Ongaro, Wealth Building Strategies. Consultant [ivano@ivanoongaro.com](mailto:ivano@ivanoongaro.com) for discussion, North Saanich BC Canada

00:29:35 Tom Pfeifer, [YourConsistentVoice.com](http://YourConsistentVoice.com): Front Royal, VA, USA

00:29:51 Rowena Banks: [rowena@yourhealthandwealthsecret.com](mailto:rowena@yourhealthandwealthsecret.com)

00:30:11 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): not yet @Tafiq!

00:30:21 Katrina Sawa, [JumpstartYourBizNow.com](http://JumpstartYourBizNow.com) & [JumpstartPublishing.net](http://JumpstartPublishing.net): Mike G.... and anyone local come to a business mixer I'm co-hosting with Katie Yount in Fair Oaks this Friday!  
<https://www.facebook.com/events/1909349262735521>

00:30:23 Krys Pappius: @Ivano - almost neighbors! I am in Abbotsford

00:30:26 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): still holding out on the menopause train

00:31:10 Kim McLaughin (she/her): Kim McLaughlin email me at [info@FeedYourSoulUnlimited.com](mailto:info@FeedYourSoulUnlimited.com)

00:31:15 Renee Balcom: Renee Balcom CEO Renee & Compau

00:31:26 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Oh Colleen, really???

00:31:36 Melissa Schulz: Katrina I have a 9, 7, and 1.5 year old...so always looking for teens who baby-sit!

00:31:41Tafiq Akhir: Tafiq Akhir

 Licensed Menopause Specialist & Healthy Aging Advocate

I help women heal the root cause of their menopause symptoms, and I also help companies add menopause in the workplace trainings and policy into

their wellness packages.

I speak on:

- 1 Menopause Symptom Relief
- 2 Body Confidence As You Age
- 3 Menopause In The Workplace
- 4 From Sickness To Fitness Over 40

<https://www.tafiq.com>

[tafiq@tafiq.com](mailto:tafiq@tafiq.com)

<https://www.linkedin.com/in/tafiq-akhir>

<https://www.instagram.com/tafiqsphysiques>

00:31:42 Frank Buddenbrock: Frank Buddenbrock

Marketing Consultant/Business Growth Specialist/Author

818-314-6313

[frank@canyoufindmenow.com](mailto:frank@canyoufindmenow.com)

<https://canyoufindmenow.com>

Book a call: <https://canyoufindmenow.com/book/>

00:31:55 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): Hi, I'm Colleen Biggs, 22 year Veteran Business Consultant Coaching over 350 CEO's, Launching over 300 businesses, Speaker, Founder of the Leap for Ladies Community, Elite Podcast Host (Take the Leap w/ Colleen Biggs), #1 Best-Selling Author, & Proud Woman Empowerment Pioneer!

BE seen, BE heard and BE visible!

Connect with Colleen here <https://www.linkedin.com/in/colleen-biggs/>

<https://colleenbiggs.net/>

00:32:19 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): On the search for Women who are looking to not be the world best kept secret anymore. Need Podcast guests, Masterclass teachers and Live interview guests. Send me an email to [info@colleenbiggs.net](mailto:info@colleenbiggs.net) if interested!

00:32:28 Kim McLaughin (she/her): @Melissa Katrina and I have teen girls

00:33:23 Colleen Biggs | [colleenbiggs.net](http://colleenbiggs.net): Congrats to all of you with books launching!!!

00:34:01 Baylan Megino: Hi I'm Baylan Megino, Founder of Global Dream Makers and Creator of the life framework, the Dream Maker Matrix(tm). I'm in the San Francisco Bay Area.

Uninspired, successful leaders hire me to help them intentionally design and live their life worth living, aligned with purpose and impact.

Upcoming book: "START HERE: How to Redirect Your Life When You Don't Know Where To Begin"

Podcast: The Leader's Edge  
Summits: Global Dream Maker Summit

Connect with me on LinkedIn and Facebook :-)

00:34:16 Phyllis Pieri, Freedom Franchise Strategist: Bianca, thanks for being of service to our country.

00:34:17 Colleen Biggs | colleenbiggs.net: @bianca HEY!

00:34:46 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net:

<https://www.sfwriters.org/>

19th annual San Francisco Writers Conference

February 16-19, 2023

at the luxurious Hyatt Regency San Francisco on the waterfront

00:34:49 Renee Balcom: Renee Balcom, CEO Renee & Company Professional Healthcare Advocates serving and assisting all age groups in obtaining elevated healthcare services. [Renee@reneeconomy.com](mailto:Renee@reneeconomy.com) or 541-661-2369. I speak on the "Business of Care" and I have a podcast called "See Differently" reach out to discuss coming onto the podcast.

00:37:00 Deb DiSandro: Milwaukee, WI

00:37:42 Bonita Joy The Humor Alchemist: Lawrence, Kansas

00:38:05 Colleen Biggs | colleenbiggs.net: I LOVE that @Don!

00:38:17 Bianca Bevans: Hi I'm Bianca Bevans. I'm a military veteran looking to connect and collaborate with business owners, writers, podcast, authors etc. I am starting my new business venture providing postpartum services.

Many of you peaked my interest 😊

Here's my email and LinkedIn

[biancabevans23@gmail.com](mailto:biancabevans23@gmail.com)

[www.Linkedin.com/in/biancabevans](https://www.linkedin.com/in/biancabevans)

00:38:24 Bianca Bevans: Reacted to "Bianca, thanks for b..." with ❤️

00:38:29 Bianca Bevans: Reacted to "@bianca HEY!" with ❤️

00:38:38 Baylan Megino: Nice to see you, Lynn! Let's connect!

00:38:38 Marla Press Speaking & Life Coach: My mission is to help inspiring people, like you, build your confidence, your wow factor and your trust factor so that you connect with your audience, create a bigger impact, inspire more change, and have more wealth and more fun. My program is unique in that it is 18 powerful exercises, psychology, Art of Presence, and NLP. Very engaging and fun with lots of practice. JOIN ME FOR A FREE WORKSHOP Feb 17th I offer 1:1 coaching and bootcamps Would love to chat  
<https://linktr.ee/MarlaPress>

00:38:40 Bianca Bevans: Reacted to "Hi I'm Baylan Megino..." with ❤️

00:38:47 Bianca Bevans: Reacted to "On the search for Wo..." with ❤️

00:38:53

Bianca Bevans: Reacted to "Hi, I'm Colleen Bigg..." with ❤️

00:39:29 Bianca Bevans: Reacted to "Frank Buddenbrock Ma..." with ❤️

00:39:40 Leisa Reid | Get Speaking Gigs Now: 🎧 PODCAST GUEST OPPT: "How I Met My BFF" (with your BFF) Podcast apply here ⇒

<https://bookme.name/getspeakinggigsnow/how-i-met-my-bff-podcast-guest>

00:39:40 Colleen Biggs | colleenbiggs.net: On the search for Women who are looking to not be the world best kept secret anymore. Need Podcast guests, Masterclass teachers and Live interview guests. Send me an email to [info@colleenbiggs.net](mailto:info@colleenbiggs.net) if interested!

00:39:43 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: If you have a training that you can give for free on a giveaway, you and your topic would be a good fit for a couple of my Summits & Gift Giveaways... FYI - LMK if you're interested or sign up here, I heavily promote my contributors/speakers. 😊 <https://ispeakernetwork.com/isnapply/>

00:40:00 Karina Kantas /Author Assist: Behind The Pen TV show will be streamed to a possible 150,000,000 homes. This isn't an infomercial it's a full 30 minute interview which highlights your work. Behind The Pen is for all creatives who use a pen, songwriters, authors, Illustrators, writers, editors, artists.

Please fill in this form if you're interested.

<https://forms.gle/FJW7KS9XD7XckVzq8>

00:40:07 Anaiis Salles~Living Lessons Library: Living Lessons Library, private

health association, sharing holistic product Sourced Life Essences proven to resolve long Covid and other serious health

[challengesanais@livinglessonslibrary.com](mailto:challengesanais@livinglessonslibrary.com) +1-267-401-0477

00:40:16 Bianca Bevans: Reacted to "I'm Dea, I help smal..." with ❤️

00:40:22 Bianca Bevans: Reacted to "Karina Kantas

3 ways..." with ❤️

00:40:27 Don: Hello--I'm Don Franceschi from Santa Rosa, California--I'm a Presentation Skills and Speaking Coach --I'm focusing on my upcoming book FROM AWFUL TO AWESOME: Speaking Safety Successfully!--the book for folks who have to speak about workplace safety and need the tools and tips to make those safety talks successful and effective. WEBSITE:

[www.FromAwfulToAwesome.com](http://www.FromAwfulToAwesome.com) Email: [don@FromAwfulToAwesome.com](mailto:don@FromAwfulToAwesome.com)

00:41:02 Bianca Bevans: Reacted to "Andrea Susan Glass, ..." with ❤️

00:41:07 Bianca Bevans: Reacted to "I'm a 35=-year award..." with ❤️

00:41:24 Bret Ridgway: @Colleen - you're on my schedule. Have just dropped you an email.

00:41:36 Anais Salles~Living Lessons Llibrary: Sourced Life Essences

<https://thelivingspiral.com/wisdom/essence-protocols-overview-hp>

Anais Salles +1-267-401-0477 Philadelphia, PA USA

00:41:38 Colleen Biggs | colleenbiggs.net: Replying to "@Colleen - you're on..."

Awesome thanks!

00:41:46 Baylan Megino: Looking for speakers for:

1) Leadership podcast: Have proprietary approach?

2) Global Women's roundtable series last week in March focused for UNCSW67 Innovation and Technology to uplift Women and Children

Please contact me on LinkedIn or Facebook. THANK YOU!

00:41:51 Kim McLaughin (she/her): Feed Your Soul with Kim Podcast I am looking for guests. Have a listen and apply

<https://feedyoursoulunlimited.com/podcast-guest/>

00:42:14 Bianca Bevans: Reacted to "Looking for speakers..." with ❤️

00:42:16 Karina Kantas /Author Assist: Author Assist Radio Show goes out live worldwide. This is a show for published authors. Contact me for more information.

[kkantasauthorassist@gmail.com](mailto:kkantasauthorassist@gmail.com)

00:42:20 Bianca Bevans: Reacted to "Feed Your Soul with ..." with ❤️

00:43:01

Baylan Megino: Reacted to "Looking for speakers..." with ❤️

00:43:05 Bianca Bevans: Replying to "Sourced Life Essence..."

Philadelphia native here 🙌

00:43:44 Marla Press Speaking & Life Coach: Grateful to be here. Do you need a speaker? I have spoken on many podcasts, summits, and stages. Topics "Speakers on Fire: Ignite Your Success," "The Art of Presence: Be Seen, Be Heard, Inspire Change," and "The Art of Feminine Presence."

00:43:45 Bianca Bevans: Reacted to "If you have a traini..." with ❤️

00:45:00 Cole Militano: Reacted to "Hi I'm Bianca Bevans..." with ❤️

00:46:43 Lynette Hoy: Can anyone read the link she is working on?

00:47:47mLeisa Reid | Get Speaking Gigs Now: Replying to "Can anyone read the ..."

<https://ispeakernetwork.com/isnapply/>

00:47:57 Lynette Hoy: Thanks Lisa!!!

00:48:56 Bonita Joy The Humor Alchemist: What is the name of the Facebook group>

00:49:29 Anaiis Salles~Living Lessons Library: Do you need a Speaker? I have spoken on numerous podcast, summits, and international medical and science online events. Anaiis Salles, Living Lessons Library.com +1-267-401-0477 [anaiis@livinglessonslibrary.com](mailto:anaiis@livinglessonslibrary.com)

LOOK HERE, GET It? BE IN TOUCH.

<https://thelivingspiral.com/wisdom/essence-protocols-overview-hp>

00:49:46 Leisa Reid | Get Speaking Gigs Now: Replying to "What is the name of ..."

<https://www.facebook.com/groups/1932230790365642>

00:56:02 Bonita Joy The Humor Alchemist: what is the link to the \$27

00:56:15

Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Sign up for the ISN Paid Membership Level today for just \$27 and your payments will



recur every 30 days for the regular price of just \$97/mo until you cancel.

Upon registering today you will also receive FREE ACCESS to all of the speaker training recordings from the 2022 Int'l Speaker Conference.

You will also receive Katrina Sawa's Authentically Speaking Speaker Training! ISN Paid Membership includes monthly member only calls for:

- laser coaching
- masterminding
- getting feedback on your talks, offers, positioning, website, presentations, follow up and more with Katrina Sawa, 20-year business coach for entrepreneurs and speakers

\*\* Calls to be held on the first Friday at Noon PST for one hour for now... more could be added later depending on membership levels.

**BONUS: MEMBERS WHO STICK AROUND FOR 3 MONTHS OR LONGER RECEIVE:**

- Free ticket to the 2023 Int'l Speaker Conference Sept 21, 22, & 23
- Free Gift Giveaway Contributor Spot for the ISN 2023 year

Sign up today! <https://jumpstartyourbiznow.thrivecart.com/isn-paid-membership/>

00:56:16 Machen MacDonald: This is AMAZING!

00:56:22 Phyllis Pieri, Freedom Franchise Strategist: Great offer, thanks so much

00:58:15 Kim McLaughin (she/her): I need to take my daughter to her volunteer work. So glad to meet all of you.

00:58:19 Rowena Banks: My apologies - I have to leave, I have a 4pm commitment. I appreciate the opportunity to join this group and grow my business. Thank you very much!

00:58:26 Baylan Megino: I apologize but must leave this awesome gathering. Please connect with me on LinkedIn and/or Facebook.

00:58:46 Lynn Fraley: SAVE YOUR CHAT BECAUSE SOMETIMES ZOOM LOSES IT

00:59:00 Machen MacDonald: Thanks so much. This is great. Need to jump to my 4pm appointment.

00:59:09 Leisa Reid | Get Speaking Gigs Now: Yes, chat has been disappearing after going into a breakout room - weird

01:21:16 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Couple meetup groups besides ISN:

<https://www.meetup.com/oc-speakers-network/> (Leisa's Group)

<https://www.meetup.com/SpeakerCoop/>(Jeff Klein's Group) or website with

directory: <https://speakercoop.com/>

Innovation Women

<https://shareasale.com/r.cfm?b=1965766&u=618545&m=122116&urlink=&afftrack=>

Eventraptor Speaker directory, get a free listing here:

<https://go.eventraptor.com/promo/speaker-directory/kkkkat6518>

Speakers Playhouse

<https://katrinasawa--checkingout.thrivecart.com/speakersplayhouse/>

eWomenSpeakers Network

<https://www.ewomennetwork.com/speaker/homepage>

Speakernomics events Denver, Dallas, Orange County, CA

<https://speakonomics.net/>

I'll be live in Denver Mar 10-11

01:21:39 Cole Militano: thank you colleen, I heard you don't worry haha!

01:21:54 Colleen Biggs | colleenbiggs.net: Replying to "thank you colleen, I..."



01:21:55 Dr. La Wanna Parker, DTM: [www.linktr.ee/LAWANNAPARKER](http://www.linktr.ee/LAWANNAPARKER)

01:21:58 Anaiis Salles~Living Lessons Library: Katrina put your \$27 offer in the chat again. I will follow up this evening. Thank you.

01:22:08 Dea Irby- CLAIM Your People: JV Directory

01:22:27 Linet: [www.jalisisters.org](http://www.jalisisters.org),

email address: [linnaguma@yahoo.com](mailto:linnaguma@yahoo.com)

01:22:29 Colleen Biggs | colleenbiggs.net: Click to join the Leap Community and start stepping into the spotlight immediately!

<https://colleenbiggs.net/community/>

01:22:36 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Sign up for the ISN Paid Membership Level today for just \$27 and your payments will recur every 30 days for the regular price of just \$97/mo until you cancel.

Upon registering today you will also receive FREE ACCESS to all of the speaker training recordings from the 2022 Int'l Speaker Conference.

You will also receive Katrina Sawa's Authentically Speaking Speaker Training!

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- masterminding
- getting feedback on your talks, offers, positioning, website, presentations, follow up and more with Katrina Sawa, 20-year business coach for entrepreneurs and speakers

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Sign up today! <https://jumpstartyourbiznow.thrivecart.com/isn-paid-membership/>

Next Member brainstorming and mastermind call is Friday March 3rd! Noon – 1:00 pm PST.

01:22:37 Bret Ridgway: JV Jams

01:23:04 Colleen Biggs | colleenbiggs.net: Hi @Linnet!!!

01:23:25 Karina Kantas /Author Assist: JV Jams is fab

01:25:00 Jackie Bailey: The Speak Feed Lead Project has stages for kids and teens! We give them the skills they need to achieve all they want by speaking up. Sponsor a young woman to speak on VOICES OF WOMEN SUMMIT  
[https://www.flipcause.com/secure/cause\\_pdetails/MTQyNTgz](https://www.flipcause.com/secure/cause_pdetails/MTQyNTgz)

01:25:04 Mike Grandinetti: Entrepreneurship for youth nftemike@aol.com looking for a mentor

01:25:33 Linet: Hi Colleen, good to see you

01:26:11 Karina Kantas /Author Assist: @Lil Let's connect  
[kkantasauthorassist@gmail.com](mailto:kkantasauthorassist@gmail.com)

01:26:22 Dea Irby- CLAIM Your People: finding their audience

01:26:38 Melissa Schulz: Finding and growing an audience to speak to

01:27:04 Dea Irby- CLAIM Your People: zoom tips

01:28:31

Colleen Biggs | colleenbiggs.net: How to use stories to connect with the audience

01:28:53 Lil - CEO GWN Publishing LLC: Replying to "@Lil Let's connect ..."

Of course. I have your email.

01:29:37 Lil - CEO GWN Publishing LLC: Replying to "@Lil Let's connect ..."

Please find me on LinkedIn or calendly. <https://calendly.com/liltheghost>  
<https://www.linkedin.com/in/lil-barcaski-957b5323/>

01:30:40 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: =====

Katrina Sawa

Int'l Speaker Network

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- 1) Here is the page to find the Int'l Speaker Network recordings, chat notes, place to apply to be a speaker, schedule of upcoming calls, and become an actual member so you get all the 'call for speakers' announcements: <https://www.iSpeakerNetwork.com>
- 2) Our Int'l Speaker Network Facebook group is here: <https://www.facebook.com/groups/ispeakernetwork>
- 3) The meetup group for ISN is here (RSVP for events here): <https://www.meetup.com/internationalspeakersnetwork>

01:31:06 Annette Mulligan: Thoughts on Toastmasters? I'm in a group called Coachmasters and that's where I practice my speaking skills.

01:31:33 Don: Using notes--ok. Reading your presentation to your audience--not ok.

01:31:41 Lil - CEO GWN Publishing LLC: Know your subject, practice till it's second nature

01:31:47 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Next ISN call Tues April 4th 3:00 pm PST  
<https://www.meetup.com/internationalspeakersnetwork/events/290920575/>

01:31:50 Linet: Hi Yvonne, let's connect. linnaguma@yahoo.com

01:32:17 Colleen Biggs | colleenbiggs.net: Loved meeting all of you! See you in April!

01:32:22 Dea Irby- CLAIM Your People: write reviews for each other

01:32:24 Yvonne A Jones: Happy to Linet

01:32:55 Dr Mandy Marziaz: thank you!!!

01:32:57 Deb DiSandro: Memorize your opening!

01:33:02 Melissa Schulz: Thank you so much! What a great group of people

01:33:06 Lynn Fraley: Put the FB link here again plases

01:33:13 Lynn Fraley: Please :-)

01:33:14 Frank Buddenbrock: Sorry, gotta run. It was a pleasure. Looking forward to the next one.

01:33:17 Lynette Hoy: thank you!!!!

01:33:18 Bianca Bevans: This was awesome

01:33:21

Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net:

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Katrina Sawa

Int'l Speaker Network

=====

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01:33:23 Dea Irby- CLAIM Your People: Barb Ingrassia, I want to connect

01:33:26 Karina Kantas /Author Assist: Thank you Katrina

01:33:39 Karina Kantas /Author Assist: Author Assist has been helping publishers, authors, and unpublished writers navigate their publishing journey, ensuring their book has visibility and the best chance of becoming best-seller. With a team of professionals, Author Assist offers extensive packages in multi-media, publishing, and mentoring and coaching. If you already have a book published, but it's dead, not selling, Author Assist can revive your book. I want you to get that passion back!

Contact me to arrange a FREE consultation, and let's see how Author Assist can help you.

<https://calendly.com/authorassist/howcanihelptyou-meeting>

<https://authorassistbykk.com>

[kkantasauthorassist@gmail.com](mailto:kkantasauthorassist@gmail.com)

01:34:47 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net:

<https://www.facebook.com/events/1909349262735521>

01:35:03 Barb Ingrassia . barb@managecopyright.com: @Deb sounds good

barb@managecopyright.com

01:35:03 Dea Irby- CLAIM Your People: Thanks all

01:35:20 Mike Grandinetti: Thank you

\*\*\*\*\*

**My coaching philosophy is all about having you ‘get stuff done’!**

**I’m a very blunt, tell-it-like-it-is type of coach who will show you EXACTLY how to start,** grow and market your business the right way from the start (or back up and fix what’s missing in your business if you’re already in business).

I have gained a wide and deep set of knowledge about all kinds of marketing and business-building strategies in my 23 years of experience working with small business owners.

I coach entrepreneurs on anything from: social media, online marketing, advertising, publicity, graphic and web design, copywriting and marketing messages, follow up, relationship building, sales conversations, to speaking and selling from the stage, developing information products and services such as ebooks, webinars, courses, high end coaching programs, memberships, masterminds, live events, becoming an author and more.

**It’s all about leveraging your expertise into a CONSISTENTLY PROFITABLE sustainable business doing what you love.**

Learn more here: <https://jumpstartyourbiznow.com/workwithme/>

Join me at my upcoming 3 day deep dive mastermind in person in Northern California in January! Info at <https://jumpstartyourbiznow.com/mm3day/>

**Let’s discuss your options in a private call – book that here if you’re serious about doing ‘something’.** <https://calendly.com/katrinawasawa/30min>

You can also take my NEW Jumpstart Your Biz Quiz if you haven't yet already and you'll see where the holes and gaps are in the top 5 areas in YOUR business! <http://www.JumpstartYourBizQuiz.com>

## Katrina Sawa

Your Meetup Organizer, Award Winning Speaker,  
Jumpstart Your Biz Coach &  
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[katrina@jumpstartyourbiznow.com](mailto:katrina@jumpstartyourbiznow.com)

**Let's discuss your options in a private call – book that here if you're serious about doing 'something'.**

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