



## Webinar Replay & Chat Room Contents

**August 19th, 2022**

A free benefit of being a member in the International Speaker Network is to be able to attend these monthly webinars - including getting to hear expert speakers from around the world!

**On our call for August 19<sup>th</sup> 2022, we heard from Vanessa Zamy “5 Steps TO Unstuck Your Income**

Known as the Business Defibrillator, Vanessa gave a great talk on how to increase your income and optimize your impact without burnout and overwhelm.

She used her simple 5 step formula and we had a great Q & A questions, plus a hot seat, go listen in!

Make sure you plot out the times and dates for the ISN call in your calendar so you can make as many as possible. 1st Tues 4 pm PST and 3rd Fri 9 am PST every month!

The ISN Presents...  
**Vanessa Zamy**  
Five Steps To Unstuck  
Your Income  
  
Fri, Aug 19 2022  
9:00-10:00 am PST  
www.iSpeakerNetwork.com

**WEBINAR**  
**International Speaker Network**  
www.iSpeakerNetwork.com

**Enjoy the replay and we'll see you on the next ISN Webinar, Tues August 6th, 2022 4PM PST**

For upcoming webinar dates and info about the Int'l Speaker Network go to <http://www.iSpeakerNetwork.com>, the meetup page here: <https://www.meetup.com/internationalspeakersnetwork> or the Facebook group here: <https://www.facebook.com/groups/ispeakernetwork>.

See you all on the next one!! ~ Katrina Sawa, The Jumpstart Your Biz Coach, Speaker and International Best-Selling Author of *Jumpstart Your New Business Now* and author of *Love Yourself Successful* PLUS your meetup organizer! [www.JumpstartYourBizNow.com](http://www.JumpstartYourBizNow.com)  
[www.JumpstartPublishing.net](http://www.JumpstartPublishing.net)

## 8/19/22 CHAT ROOM CONTENTS:

00:02:01 Bonnie Chomica: 462  
00:02:02 Kathy Fester: 462  
00:02:02 Mike Stewart- Relationship Coach: 62  
00:02:06 Mary Scott: nice to see you! it's been a while  
00:02:15 Mike Stewart- Relationship Coach: 462  
00:02:16 Jennifer Darling: 573?  
00:02:25 Treena Chabot | Happy Starting Today: We were on the road during the conference, sorry I missed it!  
00:03:15 Jennifer Darling: Check out our replay, it's on how to use LinkedIn for Sales & Marketing!  
00:03:49 Sue Pats: You are the best dear Katrina  
00:03:56 Sue Pats: Bay area CA  
00:04:01 Barbara Millikan: NC  
00:04:02 Mike Stewart- Relationship Coach: Grover Beach, CA  
00:04:03 Jennifer Darling: Northern California!  
00:04:04 Russ Mathews CEO MCM: Local.... Folsom CA  
00:04:04 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Deano in Reno  
00:04:05 Bonnie Chomica - Content Creation Mentor: Vancouver Island - CANADA  
00:04:07 Vanessa Zamy: massachusetts  
00:04:08 Dr Annika Sorensen: I am here from Sweden  
00:04:08 William (Bill) AKA Dr. K. Koenecke-G: Murray, KY  
00:04:09 Tom Pfeifer, YourConsistentVoice.com: Virginia  
00:04:09 DrGraceGwitira.com: Texas  
00:04:10 Treena Chabot | Happy Starting Today: I'm in Winnipeg today  
00:04:10 Mary Scott: St.Louis MO  
00:04:10 Bret Ridgway - BretRidgway.com: Terre Haute, Indiana  
00:04:13 Kathy Fester: Vancouver area BC, Canada  
00:04:17 Chuck Hooper: 5 miles from Katrina ;)  
00:05:00 Jennifer Darling: Any of you Canadians going to the be at the CAPs conference in Dec?  
00:05:27 Treena Chabot | Happy Starting Today: No, Jennifer, I'm not a member of CAPs  
00:06:16 Jennifer Darling: you can go as a guest... it's awesome!!!  
00:06:25 Kathy Fester: I have been invited to CAPS a few times.  
00:07:49 DrGraceGwitira.com: Dr. Grace Gwitira

Peak Performance Keynote speaker & experiential trainer in conflict resolution and Emotional Intelligence; <https://calendly.com/drgracegwitira>  
[ggwitira@outlook.com](mailto:ggwitira@outlook.com)

00:08:00 Jennifer Darling: Jennifer Darling, Sales Coach  
(I'm in Katrina's Mastermind Group)  
Program Title & Book: Increase Your Sales Leads with LinkedIn  
(6) LI-crash-course (newzenler.com) (FREE LinkedIn Crash Course Next Week)  
Connect with me on LinkedIn  
<https://www.linkedin.com/in/jenniferdarlingspeaks>

00:08:22 Treena Chabot | Happy Starting Today: I'm launching the Happy Starting Today group coaching program and community on September 9. I will be using speaking to fill cohorts on an ongoing basis.  
<http://treenachabot.com>

00:08:38 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Katrina Sawa - The Jumpstart Your Biz Coach, Speaker Int'l Best-Selling Author & Publisher  
Feel free to go grab a TON of free gifts and trainings from me to help you build and grow your biz here == >>  
<https://www.JumpstartYourBizNow.com/freetrainings>

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Want help publishing and/or writing your book and becoming a best-selling author? Learn more with a free audio & our services here:  
<https://www.JumpstartPublishing.net>

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I want to invite you all to a few of my upcoming events on ways to grow your business that will get you huge clarity and a results-oriented, moneymaking biz plan... info at <http://www.JumpstartEvents.net>

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I also run the Int'l Speaker Network that has free networking calls twice monthly plus speaking opportunities too, go join:  
<https://www.iSpeakerNetwork.com>

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00:08:38 Sue Pats: Love you Bonnie  
00:08:51 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: In my business, I help entrepreneurs make a LOT more MONEY doing what you LOVE!! I'm a business coach who looks at everything you're doing from the big picture down to the nitty gritty of everything you're doing, saying, sending, posting so you and make more

without working so hard. Grab one of my trainings about pricing, marketing, starting up a new business, speaking, becoming an author, delegating, and so much more here: <https://jumpstartyourbiznow.com/trainings>

00:08:59 Jennifer Darling: I'm attending Bonnie's masterclass on Aug 30th!!

00:09:16 Bonnie Chomica - Content Creation Mentor: BONNIE CHOMICA – THE CONTENT CREATION MENTOR

Coaching solopreneurs to get more visibility through consistent content creation, so they can attract more clients and make more money.

Speaker Page: <https://www.bonniechomica.com/speaking>

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SEEKING VIRTUAL SPEAKING OPPS:

Summit presentations, panels, breakouts, podcast interviews, workshops, anything for a coach, consultant, service provider audience.

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SPEAKING TOPICS:

Signature - How Free Content Leads to Paying Clients

Alternatives - Copywriting Secrets to Attract More Clients; The Case for Email vs Social Media; Cracking the Blog Code; Energize Your Email; Website

Content Essentials; Subject Line Hacks for Higher Open Rates

\*\*\*\*\*

CONTACT:

EMAIL: [bonnie@bonniechomica.com](mailto:bonnie@bonniechomica.com)

WEB: <https://www.bonniechomica.com/>

UPCOMING MASTERCLASS:

“Never Run Out of Content Topics Again!”

Register for free  <https://bit.ly/3PwHPi6>

00:09:17 Sue Pats: Sue Pats email: [contact@nuBeginning.com](mailto:contact@nuBeginning.com)  
(SMS) 1-408-673-7898

Business owners: Increase your visibility by getting interviewed on my podcast: Business Resources and YouTube channel (nuBeginning) for business & self-development, based on struggles and success. Please fill in the form: <https://cutt.ly/>

PodcastForm I am willing to be a guest too on your stage.

00:09:28 Mary Scott: Podapalooza, October 19, 2022. Learn all about podcasting or upgrade to VIP & be on up to FIVE podcasts as a guest THAT DAY

<https://scottmary--checkingout.thrivecart.com/podapalooza-October-2022/>

00:09:53 Mary Scott: Mary Scott, Business Concierge / Consultant  
[BusinessRiff@gmail.com](mailto:BusinessRiff@gmail.com)

917-628-6322.

<https://BusinessRiff.com>

<https://www.linkedin.com/in/mary-scott-stl/>

I work with startups & solopreneurs to solve problems, connect with resources & get that one thing off your plate TODAY. Just Ask Me.

Book a 15 minute synergy call at <https://calendly.com/businessriff/15min>

subscribe to the YouTube Channel

<https://www.youtube.com/channel/UCZbjKcnBl3adg5utrSXexaw>

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More virtual networking at

<https://maryscott.info>

00:10:09 Katrina Sawa, JumpstartYourBizNow.com &

JumpstartPublishing.net: =====

If you want to learn how to monetize your speaking more or learn how to get started:

Free Speaker Audio Training here:

<https://jumpstartyourbiznow.com/speakersaudio/>

Speaker Jumpstart Training here:

<https://jumpstartyourbiznow.com/speakerjumpstart/>

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00:10:13 DrGraceGwitira.com: I will be speaking at the Life Mastery Super Summit on August 23 at 12pm US Central time. There are several other awesome speakers

Please come and support and share with others in your contacts and groups.

<https://drgrace--successroadacademy.thrivecart.com/life-mastery-super-summit-vip-0822/>

00:10:25 Jennifer Darling: Way to go Kathy!!!

00:10:33 Kathy Fester: Kathy Fester

Master teacher of over 30 years, Relationship Marketing Strategist, Co-founder of the Gratitude and Appreciation Summits International, author, speaker – topics: mental health for teenagers, gratitude and appreciation, kindness, how to present and speak in front of audiences online and in person, power of music in our lives, music education advocacy, plus...

Email: [kit@fester.ca](mailto:kit@fester.ca)

[www.gasummit.ca](http://www.gasummit.ca)

[www.sendoutcards.com/kathyfester](http://www.sendoutcards.com/kathyfester)

LinkedIn: Kathy Fester

facebook: Gratitude and Appreciation Summits

Calendly: [Calendly.com/kitcommunications](https://calendly.com/kitcommunications)

Book a free 1-2-1 to share and learn about our businesses.

00:11:40 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: =====  
International Speaker Network  
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Here is the page to find the Int'l Speaker Network recordings, chat notes,  
place to apply to be a speaker, schedule of upcoming calls, etc.:

<https://www.iSpeakerNetwork.com>

Our Int'l Speaker Network Facebook group is here where you can post things  
you're doing, talks, ask Q's, etc.:

<https://www.facebook.com/groups/ispeakernetwork>

The meetup group for ISN is here (RSVP for events here):

<https://www.meetup.com/internationalspeakersnetwork>

00:12:01 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: Remember to come live on video speakers!

00:13:05 Mike Stewart- Relationship Coach: Who doesn't love happy!

00:13:13 Jennifer Darling: Way to go Treena... happiness was a  
huge Google Searched topic this past year.

00:13:22 Mike Stewart- Relationship Coach: Mike Stewart Relationship  
Coaching

I help married men and women feeling lonely and alone ignite a deeper  
connection with their partner and create a beautiful future together.

<https://www.linkedin.com/in/mikestewartcoaching/>

<http://MikeStewartRelationshipCoaching.com>

00:13:24 Bonnie Chomica - Content Creation Mentor: What a great new  
goal Treena!

00:14:05 William (Bill) AKA Dr. K. Koenecke-G: Dr. K.: The How to  
Study Expert (Stage & Podcast Name).

Speech title # 1: "How to study smarter, not harder and earn higher grades in  
school."

Speech title # 2: "Never, ever make a comma mistake in the future."

Speech title # 3: "How to make flashcards the old-fashioned way and study  
smarter."

Speech title # 4: "The top ten techniques that will improve your study skills in  
just minutes a day."

My target audience: Parents & grandparents of middle school students  
through graduate students who want to help their students earn higher grades  
in school.

Contact information: Dr. K.'s email address: [notecardrings@gmail.com](mailto:notecardrings@gmail.com)

00:15:25 Vanessa Zamy: Vanessa Zamy, The Business  
Defibrillator, also Keynote Speaker, and Entrepreneurship Professor...Socials:

<https://linktr.ee/zamyvanessa>

1-to-1 Connect: <https://calendly.com/yourvisionscatalyst/catchup>

For more details on "Local Laura" who I serve best with my framework, visit here:

[https://docs.google.com/presentation/d/1oMx55-L\\_uNsM69KVkHLJNeK556yJG8\\_1sWU8QIn5nS4/edit?usp=sharing](https://docs.google.com/presentation/d/1oMx55-L_uNsM69KVkHLJNeK556yJG8_1sWU8QIn5nS4/edit?usp=sharing)

00:16:04 Russ Mathews CEO MCM: Russ Mathews, CEO Mathews Capital Management, a California RIA (Registered Investment Advisor) focused on Individual Stocks & Conservative Options Trading. Author: Stock & Options Trading for Life; Podcast Host: The Modern Stock & Options Trading Show w/ Russ Mathews; e-mail: [Russ@MathewsCapitalManagement.com](mailto:Russ@MathewsCapitalManagement.com); phone (916)582-2823.

00:16:04 Jennifer Darling: Way to go Russ! Great numbers for the podcast!

00:16:06 Treena Chabot | Happy Starting Today: My email is [treena@treenachabot.com](mailto:treena@treenachabot.com) (forgot to put it in my blurb)

00:16:50 Barbara Millikan: Barbara Millikan

Exceed Technology  
336.310.VOIP (8647)

[Barbara@exceed.technology](mailto:Barbara@exceed.technology)  
[www.linkedin.com/in/barbara-millikan](https://www.linkedin.com/in/barbara-millikan)

Tame the phone call chaos! Give your business a professional presence with an auto attendant to answer and route your calls. Available in all 50 states and Canada.

Let's do a one to one! I'd love to better refer you!

00:16:59 Mike Stewart- Relationship Coach: I love that customer service is not a department

00:17:17 Barbara Millikan: Thank you!

00:17:20 Sue Pats: Yes, LinkedIn

00:17:23 Sue Pats: yes

00:17:40 Jennifer Darling: Jennifer Darling, Sales Coach  
(I'm in Katrina's Mastermind Group)

Program Title & Book: Increase Your Sales Leads with LinkedIn

(6) LI-crash-course (newzenler.com) (FREE LinkedIn Crash Course Next Week)

Connect with me on LinkedIn

<https://www.linkedin.com/in/jenniferdarlingspeaks>

00:17:50 Russ Mathews CEO MCM: Great LinkedIn info from Jennifer!

00:17:57 Bonnie Chomica - Content Creation Mentor: Yes, also a member of Live Big Mastermind with Kat. Such a valuable community!

00:17:59 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: Bret does a great job!  
00:18:12 Jennifer Darling: Free LI Crash Course:  
<https://darlingmarketingcommunity.newzenler.com/li-crash-course/>

00:18:24 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: yay Bonnie and Jennifer, way to show up ladies!!

00:18:24 Bonnie Chomica - Content Creation Mentor: Great speech Bret  
at ISC!

00:18:54 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: Yes Bret did an amazing job at the Int'l Speaker  
Conference!!

00:19:30 Jennifer Darling: yay Sue!

00:19:38 Tom Pfeifer, YourConsistentVoice.com: I help  
entrepreneurs (speakers are entrepreneurs) to increase their credibility,  
increase their authority in the eyes of their clients, and greatly increase their  
earning potential by writing a book. I help you to put author into your  
authority. [tom@yourconsistentvoice.com](mailto:tom@yourconsistentvoice.com); [www.connectwithtom.com](http://www.connectwithtom.com);  
[www.yourconsistentvoice.com](http://www.yourconsistentvoice.com)

00:20:18 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People  
Pro! Deano In Reno! - The DEAN of Success! - VIP 'Care-Is-Magic'  
Marketing Magician & People Pro! - I Work With Speakers Who Want & Need  
"FulFilled Events" Events That Are FULL of The RIGHT people and FILLED  
With Real Profits Without Any Preexisting List, Leads, Experience or Expense  
Fast, Fun FREE & EZ-PZ! - Free Gifts and Info: <http://ContactDean.com>

00:20:39 Dr Annika Sorensen: Dr Annika Sorensen from Sweden  
Dr Annika help Stressed out Business Leaders slow down, reflect, feel calm,  
then ramp up, get more done and create bigger success without having to  
work harder, through speaking, workshops, online course and mentoring.

<https://www.askdrannika.com/>  
<https://www.linkedin.com/in/annikasorensen/>

00:21:14 Jennifer Darling: Happy Birthday Porter!

00:21:18 John Brandy: I'm John C. Brandy - Voice Actor, Podcast Host  
& Guest, Sound Designer & Life Designer

I have two pods, one focused on the synthetic "marriage" of financial advice  
with Positive Mental Attitude practices, and another in which I deliver great  
speeches from other people, like MLK's I Have A Dream or JFK's Moon  
Speech. I've also been a financial adviser, a Microsoft program manager and  
a few other things and I'm involved in Toastmasters in California.

We will be “soft-launching” in September and “hard-launching” in January. Plans include the use of AI and also languages other than English. We will even allow crypto subscriptions!

00:21:24 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: rock on Porter!

00:21:33 John Brandy: Webs:

<http://www.simplesuccesswithjohnbrandy.com/>

<http://www.achoicevoice.com/>

Pods:

iOS: <https://podcasts.apple.com/us/podcast/simple-success-with-john-brandy/id1549566678>

<https://podcasts.apple.com/us/podcast/a-choice-voice-with-john-brandy/id1560026051>

Droid:

<https://podcasts.google.com/search/simple%20success%20with%20john%20brandy>

<https://podcasts.google.com/search/a%20choice%20voice%20with%20john%20brandy>

00:22:18 Kathy Fester: You speak my language Porter as an observing Canadian.

00:22:22 Jennifer Darling: Jennifer Darling, Sales Coach (I'm in Katrina's Mastermind Group)

Program Title & Book: Increase Your Sales Leads with LinkedIn

<https://darlingmarketingcommunity.newzenler.com/li-crash-course/>(FREE LinkedIn Crash Course Next Week)

Connect with me on LinkedIn

<https://www.linkedin.com/in/jenniferdarlingspeaks>

00:23:15 Jennifer Darling: Love that topic Veronica!

00:23:20 www.VeronicaLee.tv: —

Hi Everyone!

I'm Veronica Lee -

Transformational Visionary, Speaker, Writer, Mystic and Mentor

<https://veronicalee.tv>

Email: [veronicalee@veronicalee.tv](mailto:veronicalee@veronicalee.tv)

Find on Social @VeronicaLeeTV

In addition to being a lifetime metaphysician, I've been guiding seekers, empaths and mystics back to their soul truth, inherent power and essential joy for 17 years.

A couple of times a year I offer a “30-Day Journey of the Soul” - a hybrid online and live course that guides you back to your soul purpose.

The next journey begins Sept. 1. Learn more here:

<https://veronicalee.newzenler.com/courses/reclaim-your-soul-power-september-2022>

For just \$39 - that's less than a dollar a day! - you will gain insights, clarity and support as you Reclaim Your Soul Power.

00:23:58 Catharine O'Leary | Quiz Queen: Catharine O'Leary - The Quiz Queen

For: Entrepreneurs, Speakers, Podcasters, Broadcasters

Quizzes that Convert: How to attract the best clients by asking the best questions through the best quiz for your business

What's The Best Quiz For Your Biz -- [www.QuizForMyBiz.com](http://www.QuizForMyBiz.com)

00:24:59 Vanessa Zamy: test worked

00:25:10 Kathy Fester: Krista - that worked - heard your "testing"

00:26:56 Krista Giannak: xKrista Giannak, Writer, Credibility-Booster, Blind Skier/Speaker

Wise Words That Matter

Target Audiences: innovative thought leaders/speakers

Talk Title: Share Your Impact: Lessons from a Blind Skier and Writer

Talk Title: Don't Hide from Your Story

Talk Title: 20 Minutes to a Better Bio

Call (631) 505-4011

<mailto:Krista@WiseWordsThatMatter.com> | [www.linkedin.com/in/kristagiannak](http://www.linkedin.com/in/kristagiannak)

<https://WiseWordsThatMatter.com>

00:28:05 Baylan Megino: Would love to connect on LinkedIn!

Baylan Megino

Founder, Global Dream Makers

Creator, Dream Maker Matrix(tm)

Podcast relaunching: The Leader's Edge

Summits: Global Dream Maker Summit

Author of upcoming "Start Here: How to Redirect Your Life When You Don't Know Where to Begin"

00:28:12 Russ Mathews CEO MCM: Folsom!!!

00:28:12 Jennifer Darling: Krista, do you write blogs too, or only books?

00:28:41 Krista Giannak: Blogs too.

00:29:03 Krista Giannak: I write more way more blogs than books in fact.

00:29:14 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People  
Pro!: Be Right Back... Apologies.  
00:30:05 Jennifer Darling: Krista, just connected with you on LI. I'm  
looking for a blog writer.  
00:31:03 Dee: Good Afternoon everyone.  
00:31:43 Kathy Fester: yes  
00:31:48 Dee: yes  
00:34:23 John Brandy: I have to leave early today, however I'm leaving  
my Zoom running so I get the group chat and of course get more info from  
Vanessa! Have a great day all!  
00:34:29 John Brandy: I'm John C. Brandy - Voice Actor, Podcast Host  
& Guest, Sound Designer & Life Designer

I have two pods, one focused on the synthetic "marriage" of financial advice  
with Positive Mental Attitude practices, and another in which I deliver great  
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iOS: <https://podcasts.apple.com/us/podcast/simple-success-with-john-brandy/id1549566678>  
<https://podcasts.apple.com/us/podcast/a-choice-voice-with-john-brandy/id1560026051>

Droid:

<https://podcasts.google.com/search/simple%20success%20with%20john%20brandy>  
<https://podcasts.google.com/search/a%20choice%20voice%20with%20john%20brandy>  
[john@simplesuccesswithjohnbrandy.com](mailto:john@simplesuccesswithjohnbrandy.com)

00:35:18 Mike Stewart- Relationship Coach: Chasing shiny objects

00:36:55 Mike Stewart- Relationship Coach: Celebrate what you are  
doing that works

00:43:26 Katrina Sawa, JumpstartYourBizNow.com &  
JumpstartPublishing.net: Sites you want profiles on or to look at often for  
speaking opps and more:

- SpeakerHub - Use Code: GROW20 for 20% off 1st upgrade or join for  
free! <https://speakerhub.com/invite/international-speaker-conference>

- One of speakerhub's LinkedIn grps - <https://www.linkedin.com/groups/4190086/>
- eSpeakers – Find speakers & grow your speaker business <https://www.espeakers.com/>
- Podcasters Directory - Use Promo Code: ISC22 for 25% Savings or Join for FREE! <https://www.podcastersdirectory.com/psa-beta>
- Speakers Playhouse – find summits to speak on, & attend free calls <https://checkingout.thrivecart.com/speakersplayhouse/?affiliate=katrinasawa>
- Facebook group #NeedAGuest #BeAGuest free to find speakers for YOUR shows and stages AND to find shows and stages TO SPEAK ON: <https://www.facebook.com/groups/needaguest>
- SpeakerMatch - <http://www.speakermatch.com/cmd.php?af=707408>
- And of course our group, the Int'l Speaker Network <https://ispeakernetwork.com/>

00:43:45 Mike Stewart- Relationship Coach: Commit and schedule it  
 00:44:00 Bonnie Chomica - Content Creation Mentor: Commitment leads to consistency!

00:44:04 Chuck Hooper: Chuck Hooper  
 Speaker. Author. BI Consultant.  
 email: [Chuck@SpeakerPresenter.com](mailto:Chuck@SpeakerPresenter.com)  
 Web: <https://www.SpeakerPresenter.com>  
<https://www.SpeakerClubs.com>  
<https://www.EDU-Speakers.com>  
<https://www.bialytics.com>

00:44:22 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: thanks Chuck, I will add your site to this list!

00:46:04 DrGraceGwitira.com: \*Life Mastery Super Summit\* on August 23 \*Please share with others in your contacts and groups.\*

<https://drgrace--successroadacademy.thrivecart.com/life-mastery-super-summit-vip-0822/>

00:46:49 Despina: International speaker  
<https://www.linkedin.com/in/despina-varaklas-23981913/>

00:48:16 Mike Stewart- Relationship Coach: I meditate daily to reduce stress

00:48:34 Kathy Fester: Love your story Vanessa - congratulations for figuring it out. Some great advice.

00:49:39 Vanessa Zamy: Complimentary Underwhelm Your Overwhelm Session: <http://power.vzamy.com/>

00:49:50 Vanessa Zamy: Socials and other resources: <https://linktr.ee/zamyvanessa>

00:50:29 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Okie Dokie... Love It! Safe Travels Mighty Man!

00:52:59 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Clubhouse has been one of my TOP 'quality' engagement and revenue social channel WITHOUT slimy selling.

00:53:44 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Yep, Self-Liquidating, Tripwire Lead Gen

00:55:04 Mike Stewart- Relationship Coach: Go where your garden grows

00:55:52 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Clubhouse is TOPS for me... FB is second.

00:56:42 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: speaking and networking on zoom events is my #1 way to find new clients

00:56:45 Jennifer Darling: if you're on LinkedIn, please post your URL. Would love to connect with you! I'm at <https://www.linkedin.com/in/jenniferdarlingspeaks>

00:56:46 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: 4 is NOT a data set... start with 100 maybe.

00:57:00 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: OK WHO WANTS A SPOTLIGHT ON THEIR BUSINESS???

00:57:05 Russ Mathews CEO MCM: Interesting Dean.... I love Clubhouse but it hasn't worked for me.... I will call you.

00:57:39 Kathy Fester: I would love to.

00:58:45 Sue Pats: yes

00:58:50 Vanessa Zamy: Email: [info@yourvisionscatalyst.com](mailto:info@yourvisionscatalyst.com)

00:59:00 www.VeronicaLee.tv: Veronica Lee - Transformational Visionary, Speaker, Writer, Mystic and Mentor

<https://veronicalee.tv>

Email: [veronicalee@veronicalee.tv](mailto:veronicalee@veronicalee.tv)

Find on Social @VeronicaLeeTV

In addition to being a lifetime metaphysician, I've been guiding seekers, empaths and mystics back to their soul truth, inherent power and essential joy for 17 years.

A couple of times a year I offer a "30-Day Journey of the Soul" - a hybrid online and live course that guides you back to your soul purpose.

The next journey begins Sept. 1. Learn more here:

<https://veronicalee.newzenler.com/courses/reclaim-your-soul-power-september-2022>

For just \$39 - that's less than a dollar a day! - you will gain insights, clarity and support as you Reclaim Your Soul Power.

00:59:19 Jennifer Darling: Thanks Vanessa, I need to run. I have my mastermind group call in 2 minutes.

00:59:30 www.VeronicaLee.tv: Thanks, Vanessa!

00:59:35 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Have a Super Sparkly and Spectacular Day and Beyond...

00:59:39 The DEAN of \$uccess! ~ Care-Is-Magic Marketing & People Pro!: Thank YOU!

00:59:51 Dr Annika Sorensen: need to run - thanks for Today :)

00:59:55 Jennifer Darling: FYI: I have 475+ people registered for my LinkedIn Crash Course. I hope you can make it too... here's the link:

<https://darlingmarketingcommunity.newzenler.com/li-crash-course/>

01:00:02 Sue Pats: I help striving online business owners with simple, actionable and effective DIY resources so they can finally grow and scale instead of spinning their wheels.

I help small online business owners implement high-impact, effective DIY tools to scale their income while reducing the time spent working.

"Are you a struggling online business owner with tight resources looking to increase your profitability with simple DIY methods? I can help!"

"they can use to grow and scale their business. "

SEO: "get traffic and customers on autopilot by showing up at the top of search"

01:00:03 Dee: thanks Vanessa and everyone. have a great day and weekend

01:00:11 Kamyar: I need help with writing policies and procedures for my business

01:00:41 Russ Mathews CEO MCM: Got to run... 10:00 meeting. Great session Vanessa.

01:00:48 Sue Pats: eCourses on SEO, Sales funnel, win-win negotiations

01:01:16 Bonnie Chomica - Content Creation Mentor: She sells digital products - ebooks, courses, etc.

01:01:29 Sue Pats: yes Bonnie

01:01:43 Kamyar: who is her target market

01:02:15 www.VeronicaLee.tv: Bullet points are good... what is the benefit, and what that will do for them.

01:02:30 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: I love motivating, educating and inspiring entrepreneurs on how to jumpstart their businesses, make more money, tweak and shift what you're doing right now or how to do things differently so you can be more productive, profitable and impactful. Email me with questions: [katrina@jumpstartyourbiznow.com](mailto:katrina@jumpstartyourbiznow.com) and/or go get access to free trainings at <https://jumpstartyourbiznow.com/freetrainings/>

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Find out how to work with me here:  
<https://jumpstartyourbiznow.com/workwithme/>

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Join me and a handful of my clients for a deep dive in person mastermind August 29-31 in Virginia Beach, VA here:  
<https://jumpstartyourbiznow.com/mm3day>

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Learn how to become an author in the next Jumpstart Your \_\_\_\_ compilation book here: <https://jumpstartyourbiznow.com/jumpstartcompilation/>

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Attend my Nov 2022 3-day virtual Jumpstart Your Biz intensive! (Free Sales Training included) Learn more: <http://www.jumpstartevents.net>

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01:02:42 Tom Pfeifer, YourConsistentVoice.com: Gotta run as well. Thanks, Vanessa and Katrina! Have a great week, everyone!

01:02:43 Katrina Sawa, JumpstartYourBizNow.com & JumpstartPublishing.net: Sites you want profiles on or to look at often for speaking opps and more:

- SpeakerHub - Use Code: GROW20 for 20% off 1st upgrade or join for free! <https://speakerhub.com/invite/international-speaker-conference>
- One of speakerhub's LinkedIn grps - <https://www.linkedin.com/groups/4190086/>
- eSpeakers – Find speakers & grow your speaker business <https://www.espeakers.com/>

- Podcasters Directory - Use Promo Code: ISC22 for 25% Savings or Join for FREE! <https://www.podcastersdirectory.com/psa-beta>
- Speakers Playhouse – find summits to speak on, & attend free calls <https://checkingout.thrivecart.com/speakersplayhouse/?affiliate=katrinasawa>
- Facebook group #NeedAGuest #BeAGuest free to find speakers for YOUR shows and stages AND to find shows and stages TO SPEAK ON: <https://www.facebook.com/groups/needaguest>
- SpeakerMatch - <http://www.speakermatch.com/cmd.php?af=707408>
- And of course our group, the Int'l Speaker Network <https://ispeakernetwork.com/>

01:02:50 www.VeronicaLee.tv: Also turn the messaging to “You” so it becomes personalized to the reader/listener.

01:02:51 Sue Pats: niche: small business owners who want to rank high in google.

01:03:10 Sue Pats: Sue Pats email: [contact@nuBeginning.com](mailto:contact@nuBeginning.com)  
(SMS) 1-408-673-7898

Business owners: Increase your visibility by getting interviewed on my podcast: Business Resources and YouTube channel (nuBeginning) for business & self-development, based on struggles and success. Please fill in the form: <https://cutt.ly/PodcastForm>

I am willing to be a guest too on your stage.

01:03:22 Mike Stewart- Relationship Coach: The messaging is the key

01:03:37 Vanessa Zamy: SEO scams everywhere

01:03:51 Vanessa Zamy: Have an abundant and prosperous rest of week, everyone!

01:03:58 Vanessa Zamy: everyone\*

01:04:06 DrGraceGwitira.com: Thanks Katrina

01:04:17 Kathy Fester: A great call - thanks so much

# ADDITIONAL RESOURCES YOU MAY WANT OR NEED:

**KAT'S UPCOMING LIVE EVENT SCHEDULE IS HERE:**

[www.JumpstartEvents.net](http://www.JumpstartEvents.net)

They are all designed specifically to help speakers and entrepreneurs with your business, marketing, program development, pricing, mindset, systems, delegating, online marketing, networking, speaking and so much more!

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**Jumpstart Your Biz 3-Day Mastermind in Virginia Beach, VA**

**IN PERSON – August 29, 30, & 31, 2022 Attention:**

FRUSTRATED entrepreneurs who want to finally figure out how to create and enjoy a CONSISTENT MONEYMAKING BUSINESS! I'm bringing together 10-15 of my private Live Big Mastermind clients for a 3-Day "IN PERSON" mastermind experience and we have room for 10 other entrepreneurs or small business owners who want to join us. [Learn More](#)

**Learn the business of speaking with Katrina Sawa's Jumpstart Yourself as a Speaker 6-Week Training.** Learn how to design your talk, create your marketing materials and back of the room set up so you LOOK like an expert and professional. Learn how to make offers, what to sell, when to make offers and when not to plus so much more in preparing yourself to become a more sought after speaker AND one who monetizes what you're doing too! Find out more here and get 50%OFF when you use coupon code 500OFF!

<https://jumpstartyourbiznow.com/speakertraining/>

OR... go get access to the \$27 Get Booked! Speaker eBook, Audio and Speaker Sheet Checklist to get started somewhere:

<https://jumpstartyourbiznow.com/speakertraining/>

**PUBLISHING AND BOOK WRITING RESOURCES:**

For those interested in writing a book, becoming an author in any way or just to learn what it would take and what they COULD do now to get the ball running, here's a free info call I did all about all of this, go get access!

[www.JumpstartPublishing.net](http://www.JumpstartPublishing.net)

**Want to be an author this year?** I'm looking for authors for the 2022, Jumpstart Your \_\_\_\_, Vol IV compilation book

... it's a collaboration of stories and chapters where each author writes about

the topic and expertise that YOU have, so JSY Sales, Mindset, Health, Fitness, Gratitude, Social Media, Mindfulness - whatever you SELL you write about and then use the book as your marketing tool to get them to go to your website. If you know anyone who wants to become an author right now and find an EASY way to make this happen this year, then this could be a good option! Anyone know anyone who might be interested?

<https://jumpstartyourbiznow.com/jumpstartcompilation/>

### **KATRINA'S WEBSITE DESIGN OR TECHY VIRTUAL ASSISTANT SERVICES (with her and her team):**

<https://jumpstartyourbiznow.com/techyservices> - we can update your site, hook up to a shopping cart or pay pal, design a new site to showcase you as the expert you are plus we can help you manage your social media, email marketing and anything technology related. Come to a call with Katrina to discuss: [www.AskKat.biz](http://www.AskKat.biz)

**Jumpstart Yourself as an AUTHOR TRAINING 5-Week DIY program** - This course is all about how to become an author and publish a book yourself or where to get options and how it all works. You'll learn what you need to know before, during and after you finish writing the book, how to find affordable editors, cover designers, and how to plan for an Amazon best-seller launch. You'll learn what you need to do to get a publisher, what to do about publicity, book signings, marketing and selling your book and more!

<https://jumpstartyourbiznow.com/jsyauthor/> - Get access for just \$297 when you use this coupon code at checkout: 200OFF

**Jumpstart Your ONLINE COURSE 3-Week DIY program** - This course will help you change up your business and develop, market, sell and run an online course, membership program, online virtual workshop, mastermind or any type of online/virtual training or calls you can SELL to continue working and making money doing what you love during this quarantine (and beyond). Check out the video and webpage about this asap - you guys can use coupon code 50OFF to get \$50 OFF, it's only \$147 then, come and get something in place THIS WEEK that you can sell and promote right now.

<https://jumpstartyourbiznow.com/jsycourse/>

**Jumpstart Your Events 3-week training** - Are you ready to HOST YOUR OWN EVENT!? ;-) I would love to help you get that going - live or virtually... I'm really good at doing them AND monetizing them!!! I have a 4-week training all about "Jumpstarting Your Events – In Person or Virtual – How to Build Your Community, Grow Your Influence and Rock Your Profits!" It's just \$197 and you can go through it at your own pace. Come learn a TON of stuff I know about all types of events, calls, etc.

<https://jumpstartyourbiznow.com/jsyevents/>

**Jumpstart Your Sales Training** - Learn how to close more sales in one-on-one conversations as well as on your website, more authentically and with ease. In this 3-week pre-recorded training Katrina reviews all of the most common objections prospects have and how to “dance” with those to have people trust you more and want to do business with you.

[www.JumpstartYourBizNow.com/jsysales](http://www.JumpstartYourBizNow.com/jsysales)

**Facebook Groups 90-min tutorial on how to start, run and manage your own groups.** Developing groups and communities to grow your business is critical right now so come learn how to get started doing this, what to do, post, how to engage and get members, plus some other FB tips and tricks (like how to stay out of FB jail!) It's just \$25 to get access here now:

<http://www.jumpstartyourbiznow.com/facebook>

**Create Images & More on Canva 90-min Tutorial!** [Canva.com](http://Canva.com) is such a great resource for us at this time, whether you're graphically creative or inclined or not, it has hundreds of templates anyone can use and most are all free. Many of my clients though still needed a short tutorial or training on how to utilize this tool quickly and easily to create their images, flyers, postcards, and presentations. This tutorial has been recorded via zoom with screensharing what to do, using real client examples too and is just \$25. You will get instant access to it when you sign up here:

<http://www.jumpstartyourbiznow.com/canva>

**Jumpstart Your Marketing 30 day Training**.... teaching how to effectively use SOCIAL MEDIA for lead generation and sales, DEVELOPING CONTENT and REPURPOSING it too, Email marketing and database marketing to your followers, list, clients, even things like doing direct mail, making phone calls, doing videos via FB live or on YouTube, mastering sales conversations and copywriting too for your website, emails, webpages. Sign up right away to get more marketing in place today:

[biwww.JumpstartYourbizNow.com/jsymarketing](http://www.JumpstartYourbizNow.com/jsymarketing)

## **Katrina Sawa**

Your Meetup Organizer, Award Winning Speaker,  
Jumpstart Your Biz Coach &  
International Best Selling Author with 16 books  
916-872-4000

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PS: Get your Free Jumpstart Your Biz Kit now at  
[www.JumpstartYourBizNow.com](http://www.JumpstartYourBizNow.com)!

