



Webinar Replay & Chat Room Contents April 7, 2020

A free benefit of being a member in the International Speaker Network is to be able to attend these monthly webinars - including getting to hear expert speakers from around the world!

April 2020, we heard from Leslie Nolan on How to Get Your Mojo Back.

On this webinar, Leslie, owner of Leslie Nolan Design, discussed how important it is to shift your perspective and inspire action to reclaim the way you view your life and business. She gave examples of how this can create a powerful force for growth, and profound change for a balance and workflow.

The ISN Presents...
Leslie Nolan
How to Get Your Mojo Back
Tues, April 7, 2020
5:00-6:00 pm PST

WEBINAR
International Speaker Network
www.iSpeakerNetwork.com

Leslie shared her passion for helping people reclaim their power so they can find the courage to create their Great Work. This was a very exciting talk with intriguing dialogue so go listen back to this one if you're a speaker, author or entrepreneur of any kind! For upcoming webinar dates and info about the Int'l Speaker Network go to <http://www.iSpeakerNetwork.com>.

You can also watch all the webinars from this group on this page: <https://jumpstartyourmarketing.com/sacspeakerwebinars/>

Join the next live webinar yourself and get YOUR MESSAGE out to thousands on the replay too!

Learn more about the meetup group here and RSVP to an upcoming webinar or in person lunch or mixer!

*** www.iSpeakerNetwork.com ***

See you all on the next one!! ~ Katrina Sawa, The Jumpstart Your Biz Coach, Speaker and International Best-Selling Author of *Jumpstart Your New Business Now* and author of *Love Yourself Successful* PLUS your meetup organizer! <http://www.JumpstartYourMarketing.com>

Chat Room Contents

00:28:08 Gary McKinsey: Hello my name is Gary McKinsey, Executive Speech and Presentation Coach
Work with that individuals that want to speak and present more effectively. So that they can make a deep emotional connection with their audience.

This is important because when individuals feel you have an emotional connection with them
They will trust you and want to do business with you.

Gary@GaryMcKinsey.com

Step into your creativity!
Is the title of my speech for Public Speakers Association
Time 10:30 am
Date 4-9-2020

I am presenting a virtual seminar to the San Mateo Chamber of Commerce.
Making an Emotional Connection with Your Customers.

00:31:34 Barbara Ellison: Barbara Ellison
MovingOnMovement.com/MyCode Learn your personality code and how to relate to everyone around you. 815-345-2555

00:47:56 Russ Mathews: What are some techniques (besides painting) to get into that 'Flow' State. Do we all need to find our own triggers to get into flow?

00:56:57 Nadya: music and movement are two other ways, even doodling!

01:11:40 Roshawn: movement, running, meditation, writing, cooking, singing, swimming... get you in the flow state..

01:16:32 Russ Mathews: Good ideas! Thanks.

01:17:41 Roshawn: Paint Your Way Out of the Dark~ Paint to remove blocks so you can stand in your core power. 8 week program start 4/14. For more information email or call 732-280-7989
leslie@leslienolandesign.com

01:18:59 Michelle Althiser:
Modern life has a way of squashing sexuality right out of couples.

We wear so many hats. Our career, family, and social calendars are jam-packed. Distractions from social media, gaming, or television further distance us. Even if uninterrupted time aligns, there just isn't much energy left for connecting as a couple. Now that you're locked-in with your honey, isn't it time to reconnect?

michelle@playwifeplan.com

ADDITIONAL RESOURCES YOU MAY WANT OR NEED:

Kat's next event is Love & Money Live, April 20-22 in Sacramento, CA

3 days of working ON your business, yourself, making money, marketing, strategic partnerships, building community, social media, doing videos, creating funnels and online systems for lead generation, marketing, follow up and sales. *** Sponsors and Vendor Opportunities Available (some include speaking slots too) *** Info at <https://jumpstartyourmarketing.com/loveandmoneylive2020/>

RESOURCES FOR TECHNOLOGY & OTHER BUSINESS BUILDING FREE GIFTS AND TRAININGS ON KAT'S SITE like for example, how to get started speaking, love yourself successful, living a big life, marketing basics, jumpstarting your biz! <https://jumpstartyourmarketing.com/RESOURCES/>

KAT'S UPCOMING LIVE EVENT SCHEDULE IS HERE: www.LiveBigEvents.com

They are all designed specifically to help speakers and entrepreneurs with your business, marketing, program development, pricing, mindset, systems, delegating, online marketing, networking, speaking and so much more!

PUBLISHING AND BOOK WRITING RESOURCES:

For those interested in writing a book, becoming an author in any way or just to learn what it would take and what they COULD do now to get the ball running, here's a free info call I did all about all of this, go get access! <https://jumpstartyourmarketing.com/webinar-publishingcall/>

KATRINA'S WEBSITE DESIGN OR TECHY VIRTUAL ASSISTANT SERVICES (with her and her team): www.JumpstartYourTechyServices.com - we can update your site, hook up to a shopping cart or pay pal, design a new site to showcase you as the expert you are plus we can help you manage your social media, email marketing and anything technology related. Come to a call with Katrina to discuss: www.AskKat.biz



Katrina Sawa

Your Meetup Organizer,
Award Winning Speaker,
Jumpstart Your Biz Coach &
International Best Selling Author with 8 books
916-872-4000
katrina@jumpstartyourmarketing.com

PS: Get your Free Jumpstart Your Biz Kit now
at www.JumpstartYourMarketing.com!

Katrina Sawa & **JUMPSTART YOUR MARKETING** PRESENTS
Live B.I.G. Events
JumpStart Your Biz *On a Weekend.com*
Katrina Sawa's **Speaker Success Bootcamp**
Love & MONEY Live!
www.LiveBigEvents.com

JUST \$7/MONTH!
Join today!
**INTERNATIONAL
ENTREPRENEUR
NETWORK**
WHERE YOUR BRIGHT IDEAS
GET IMPLEMENTED & VALUED
iEntrepreneurNetwork.com