



Webinar Replay & Chat Room Contents April 24, 2020

A free benefit of being a member in the International Speaker Network is to be able to attend these monthly webinars - including getting to hear expert speakers from around the world!

On our second call for April 2020, we heard from Avital Miller on Planning a Talk to Capture People's Attention

On this webinar, Avital, an award-winning international keynote speaker, discussed how it can be hard to keep people focused in today's fast-paced world. She shared how to captivate your audience from the start, how to keep the listener engaged, and increase retention.

The ISN Presents...
Avital Miller
Plan a Talk to
Capture People's
Attention
Fri, Apr 24, 2020
9:00-10:00 am PST

WEBINAR
**International
Speaker Network**
www.iSpeakerNetwork.com

Avital covered helpful formats techniques, and methods to transform how you create and deliver public speeches. This was a very interactive talk with great insight so go listen back to this one if you're a speaker, author, or entrepreneur of any kind! For upcoming webinar dates and info about the Int'l Speaker Network go to <http://www.iSpeakerNetwork.com>.

You can also watch all the webinars from this group on this page: <https://jumpstartyourmarketing.com/sacspeakerwebinars/>

Join the next live webinar yourself and get YOUR MESSAGE out to thousands on the replay too!

Learn more about the meetup group here and RSVP to an upcoming webinar or in person lunch or mixer!

*** www.iSpeakerNetwork.com ***

See you all on the next one!! ~ Katrina Sawa, The Jumpstart Your Biz Coach, Speaker and International Best-Selling Author of *Jumpstart Your New Business Now* and author of *Love Yourself Successful* PLUS your meetup organizer! <http://www.JumpstartYourMarketing.com>

Chat Room Contents

00:13:15 Chuck Hooper: Chuck Hooper
email: Chuck@SpeakerPresenter.com
Web: <http://www.SpeakerPresenter.com>
Speaker. Author: Speaker Coach.

00:17:00 Avital Miller: Avital's Contact Info:
www.avitalmiller.com
www.healinghappensforyou.com
503-307-3756
<https://www.facebook.com/avital.miller.5>
info@avitalmiller.com

00:19:08 Barb Ingrassia: Barbara Ingrassia
<https://www.Managecopyright.com>
barb@managecopyright.com
5082770709
Grab my new free ebook:
5 Steps to GUARD YOUR GOLDMINE
<https://bit.ly/5StepsGYG>

00:19:51 Jody Jones: Jody Jones, jodyjones2015@icloud.com,
949-521-4947. One half of The 2 Jodys :)

00:20:37 Jason Bittenbender: Jason Bittenbender Voice Actor

00:20:49 Carlee Myers: Carlee Myers, Founder of The Stress Less Company
stresslessco.com/speaking

Carlee@stresslessco.com

00:21:14 Barbara Ellison: Barbara Ellison 815-748-4676 Personality Science Trainer Happiness Expert. bit.ly/Barbcode New program ABC's of Happiness - First Steps to Actively Begin Communicating

00:21:21 Jason Bittenbender: www.jlbvoiceovertalent.com
info@jlbvoiveovertalent.com (916)417-5926

00:22:12 Carlee Myers: Love that!

00:22:15 Ilene Rein: Ilene Rein
Pounding Pavement 101
www.poundingpavement101.com
Ilene.rein@poundingpavement101.com
201-785-4422
Professional Navigation through the Job Hunting Process

00:22:52 Don Franceschi: Don Franceschi
Presentation Skills Speaker—Trainer—Coach
Website: www.FromAwfulToAwesome.com
Email: don@FromAwfulToAwesome.com
Mission: “To save the world—one presentation at a time!”

00:23:47 Sarah Binger: Sarah Binger, Dreambuilder Bookkeeper,
541-525-0380, You build your dream business, and I'll keep your books!

00:25:00 julie: driving. I am listenening for Raelie Hall

00:27:59 Katrina Sawa: yay

00:28:00 Barb Ingrassia: I do

00:28:03 Jody Jones: I do!

00:28:05 Sarah Binger: I do

00:28:08 Katrina Sawa: Thanks Julie...

00:28:14 Ilene Rein: I do!

00:28:15 Barbara Ellison: I do

00:29:46 Carlee Myers: YEP

00:32:21 Carlee Myers: Me!

00:32:22 Katrina Sawa: Hi, I'm Katrina Sawa... speaker, author and biz coach... I love motivating, educating and inspiring entrepreneurs on how to jumpstart their businesses, make more money, tweak and shift what they're doing right now or how to do things differently so they can be more productive, profitable and impactful. You can grab some free trainings on my website at www.JumpstartYourMarketing.com/freetrainings.

I offer coaching, have a mastermind, live events, virtual trainings, plus I run two groups that have monthly zoom calls for networking, training and masterminding that you can join here. It's soooo important to say in the conversation like this OFTEN with other highly motivated, amazing entrepreneurs like you to push you, lift you up, hold you accountable and also to find people to collaborate with and even find clients too!

The Int'l Entrepreneur Network has 3 zoom mastermind calls for just \$7/mo, info at www.iEntrepreneurNetwork.com - all laser coaching and hot seats for an hour 3+x/mo. All topics and all levels of business owners are welcome, we cover new and advanced topics on all calls.

good job at being interactive with this virtual presentation Avital... making us raise our hands and comment in the chat - something we all have to remember when doing virtual presentations!!!!

00:36:13 Barbara Ellison: John Travolta

00:36:42 Carlee Myers: Omg, yes, torture!

00:37:30 Katrina Sawa: yes so true, we have to interact with our audiences via various learning styles!!

00:37:53 Carlee Myers: This is why I remember dissecting that frog - never forget that lesson

00:38:00 Barbara Ellison: change their state

00:38:36 Katrina Sawa: love it, plus we can't go off and "multi-task" because your presentation is so interactive!!

00:39:37 Carlee Myers: Me! YES!

00:40:29 Katrina Sawa: this is true in regular conversations OR sales conversations also.... we can't just talk about ourselves or preach stuff

00:40:51 Carlee Myers: So true, Katrina!

00:41:22 Katrina Sawa: good stuff girl

00:42:31 Katrina Sawa: yes make sure you have questions that everyone will raise their hands for... others could be more specific but if you don't get everyone in the audience to relate to something, they may disengage

00:43:23 Carlee Myers: This is so true. Folks always talk about my story after I talk.

00:44:41 Katrina Sawa: www.healing-happens.com

00:46:09 Avital Miller: Free mo of meditation: healing-happens.com
\$15/session, \$20 for both
Paypal.me/avitalmiller
Venmo: @Avital-Miller, last four of cell: 3756

00:46:16 Barbara Ellison: this was great

00:46:48 Carlee Myers: Ha!

00:46:57 Ilene Rein: Great job! :)

00:47:05 Avital Miller: Avital's Contact Info:
Healing Breakthrough Facilitator
www.avitalmiller.com
www.healinghappensforyou.com
503-307-3756
<https://www.facebook.com/avital.miller.5>
info@avitalmiller.com

00:53:51 Carlee Myers: It makes such a different when you have touch screen! I have touch screen too and love using it

00:57:08 Avital Miller: Free mo of meditation: healing-happens.com
\$15/session, \$20 for both
Paypal.me/avitalmiller
Venmo: @Avital-Miller, last four of cell: 3756

00:57:38 Katrina Sawa: I will be teaching a 30-day course on how to jumpstart your marketing starting first week in May.... teaching how to effectively use SOCIAL MEDIA for lead generation and sales, DEVELOPING CONTENT and REPURPOSING it too, Email marketing and database marketing to your followers, list, clients, even things like doing direct mail, making phone calls, doing videos

via FB live or on YouTube, mastering sales conversations and copywriting too for your website, emails, webpages. I'll have a sign up page ready today... but if anyone wants info, email me katrina@jumpstartyourmarketing.com

00:57:59 Sarah Binger: I'm speaking on a Strategy for Generosity right here on Katrina's Zoom call on May 22. Would love to have you join us!

01:00:08 Katrina Sawa: Jumpstart Your Online Course program - 3-week program to help you change up your business and develop, market, sell and run an online course, membership program, online virtual workshop, mastermind or any type of online/virtual training or calls you can SELL to continue working and making money doing what you love during this quarantine (and beyond). Check out the video and webpage about this asap - you guys can use coupon code 50OFF to get \$50 OFF, it's only \$147 then, come and get something in place THIS WEEK that you can sell and promote right now.

<https://jumpstartyourmarketing.com/jsycourse/>

01:00:19 Carlee Myers: How to Handle Stress Like a Pro: stresslessco.com

01:00:33 Barb Ingrassia: Barbara Ingrassia

<https://www.Managecopyright.com>

barb@managecopyright.com

5082770709

Grab my new free ebook:

5 Steps to GUARD YOUR GOLDMINE

<https://bit.ly/5StepsGYG>

01:00:35 Barbara Ellison: Barbara@MovingOnMovement.com in the subject write BANK .. AI

01:01:33 Jody Jones: Sign me up, Jason!! jodyjones2015@icloud.com

01:01:56 Barb Ingrassia: please send the code, Jason:

01:01:57 Barbara Ellison: code from Jason

01:02:10 Barb Ingrassia: barb@managecopyright.com

01:02:51 Barbara Ellison: I'll share send blurb

01:04:23 Sarah Binger: I'm going to have to bounce out a couple of minutes early. Thank you so much, Avital and Katrina! Stay safe, healthy, and sane, everyone!

01:04:37 Avital Miller: You are welcome Sarah. :)

01:10:09 Avital Miller: People also sometimes take it more seriously and follow through when they invest more.

01:11:04 Avital Miller: Free mo of meditation: healing-happens.com

Captivating talk training:

\$15/session, \$20 for both

[Paypal.me/avitalmiller](https://www.paypal.me/avitalmiller)

Venmo: @Avital-Miller, last four of cell: 3756

Avital's Contact Info:

Healing Breakthrough Facilitator

www.avitalmiller.com

www.healinghappensforyou.com

503-307-3756

<https://www.facebook.com/avital.miller.5>

info@avitalmiller.com

01:11:20 Katrina Sawa: one of my mastermind clients runs a "Get it done day" on zoom for free, to help people with their organizing projects

ADDITIONAL RESOURCES YOU MAY WANT OR NEED:

RESOURCES FOR TECHNOLOGY & OTHER BUSINESS BUILDING FREE GIFTS AND TRAININGS ON KAT'S SITE like for example, how to get started speaking, love yourself successful, living a big life, marketing basics, jumpstarting your biz! <https://jumpstartyourmarketing.com/RESOURCES/>

KAT'S UPCOMING LIVE EVENT SCHEDULE IS HERE: www.LiveBigEvents.com

They are all designed specifically to help speakers and entrepreneurs with your business, marketing, program development, pricing, mindset, systems, delegating, online marketing, networking, speaking and so much more!

PUBLISHING AND BOOK WRITING RESOURCES:

For those interested in writing a book, becoming an author in any way or just to learn what it would take and what they COULD do now to get the ball running, here's a free info call I did all about all of this, go get access! <https://jumpstartyourmarketing.com/webinar-publishingcall/>

KATRINA'S WEBSITE DESIGN OR TECHY VIRTUAL ASSISTANT SERVICES (with her and her team): www.JumpstartYourTechyServices.com - we can update your site, hook up to a shopping cart or pay pal, design a new site to showcase you as the expert you are plus we can help you manage your social media, email marketing and anything technology related. Come to a call with Katrina to discuss: www.AskKat.biz



Katrina Sawa

Your Meetup Organizer,
Award Winning Speaker,
Jumpstart Your Biz Coach &
International Best Selling Author with 8 books
916-872-4000
katrina@jumpstartyourmarketing.com

PS: Get your Free Jumpstart Your Biz Kit now
at www.JumpstartYourMarketing.com!

Katrina Sawa & **JUMPSTART YOUR MARKETING** PRESENTS
Live B.I.G. Events
JumpStart Your Biz *On a Weekend.com* Katrina Sawa's *Speaker* Success Bootcamp Love & MONEY Live!
www.LiveBigEvents.com

JUST \$7/MONTH!
Join today!
**INTERNATIONAL
ENTREPRENEUR
NETWORK**
WHERE YOUR BRIGHT IDEAS
GET IMPLEMENTED & VALUED
iEntrepreneurNetwork.com